EL PASO PSYCHOLOGY INTERNSHIP CONSORTIUM

Doctoral Psychology Internship Program

Brochure
Mission

The mission of the El Paso Psychology Internship Consortium (EPPIC) is to provide a comprehensive training program for doctoral interns in psychology, in order to prepare competent psychologists and effective multicultural therapists. The internship consortium was created in August 2012 with the express purpose of pooling resources to develop a unique and well-rounded experience for doctoral psychology interns. The overarching goal of the program is to provide interns with a broad and general training experience in order to cultivate their skill and professional identity as psychologists.

Dedication to Diversity

The El Paso Psychology Internship Consortium provides a unique and diverse training experience for its interns. EPPIC trains interns to work as generalists in the field of psychology, while emphasizing proficiency in providing culturally competent services to diverse populations, including underserved and minority populations. Our training faculty and staff are dedicated to infusing a focus on diversity into every component of the internship. The rich Hispanic culture found in El Paso allows the EPPIC to offer a multicultural training experience that includes a unique opportunity to live and work with a minority population which represents the majority in this area. As part of our dedication to multicultural competence, we include elements of training that help interns develop an understanding of their own personal diversity and how this may impact clinical services with diverse populations. We encourage interns to develop an openness and “curiosity” toward learning about cultural differences so they may comfortably and effectively address cultural issues (similarities and differences) with their clients.

Program Structure

The consortium was developed to be a one-year, 2000 hour, full time internship training program. The consortium consists of two primary sites: Texas Tech University Health Sciences Center El Paso - Department of Psychiatry, and University of Texas at El Paso – Counseling and Psychological Services (CAPS). Potential candidates can apply specifically for the site(s) of their choosing, as each will be designated with a separate APPIC Match number. Applicants are allowed to apply to both sites. Training sites within the consortium provide the same overarching EPPIC curriculum, which includes didactic training, clinical exposure, and supervision. The curriculum was designed to facilitate the development of a strong professional identity and well developed clinical skills. Interns will have a primary placement at a single training site, where they will spend the majority of their time. Interns will also have the opportunity to choose from several minor rotations offered within their primary site or the other training sites, in order to tailor their training to their individual interests and further diversify and enhance their internship experience.

Training Philosophy

The El Paso Psychology Internship Consortium utilizes a scientist-practitioner model of training. Our curriculum is designed to train psychologists with a foundation of research and scientific practice. Science is incorporated into every component of training through quality supervision, intensive didactic
training, research opportunities, and clinical work. More information about the integration of research in the training program can be found below in the Research and Presentations section.

EPPIC offers a variety of training experiences through the inclusion of three diverse training sites, thereby providing a breadth of experience to doctoral interns. This breadth offers interns greater opportunity to tailor their training experience to their individual needs and interests. The EPPIC faculty and staff respect the knowledge, experience, exposure to new research, and ideas of new interns as highly valuable in maintaining a high standard of internship training, and in contributing to the provision of high quality clinical services to various populations of the El Paso Community. As a doctoral internship program, EPPIC prioritizes training. Any expectations surrounding the provision of clinical services by interns are considered secondary to training, and intern case loads are closely monitored to ensure their adequacy in allowing interns to achieve the goals and objectives of the training program.

Internship Sites

Texas Tech University Health Sciences Center El Paso (TTUHSC EP)

TTUHSC El Paso has one full-time doctoral intern position. The intern will provide outpatient mental health services to children, adolescents, and adults through: individual, dyadic, and group therapies; psychological assessments and testing; psychoeducation and outreach; and consultation. Opportunities to provide clinical services in Spanish will be provided. Depending on availability and interest, the intern may also engage in supervision of medical residents, staff trainings, outreach, teaching, and/or research throughout the internship year. In addition to weekly EPPIC seminars and didactics, the intern will have multiple opportunities for professional development, such as: multidisciplinary didactics; journal club meetings; grand rounds; and other seminars, webinars, and workshops hosted within our academic medical center campus. Due to the multicultural focus at EPPIC, interns placed at TTUHSC El Paso will be required to participate in TTUHSC EP’s Diversity Inclusion & Global Health Committee seminars and grand rounds, as time permits.

University of Texas at El Paso – Counseling and Psychological Services

Counseling and Psychological Services (CAPS) at The University of Texas at El Paso (UTEP) considers the training of future professionals in the field of psychology an integral part of the overall mission of the Center. As part of their primary rotation at the CAPS, interns will have the opportunity to engage in individual, couples, and group counseling. Interns will also be involved in doing triage and intakes, which will also include crisis counseling. Interns will also be invited to be involved in providing students with career and vocational counseling. Assessment and diagnosis utilizing the DSM-5, as well as assessments for learning disabilities, ADHD, emotional disabilities and possibly developmental disabilities are also part of the duties of interns working at CAPS. There will be opportunities for interns fluent in Spanish to administer assessments and provide counseling in Spanish. Interns will also be working with students and staff providing outreach and consultation services. As part of the CAPS’ Advanced Practicum Training Program, Interns will supervise one masters or doctoral level practicum student each semester. Interns will provide two formal case presentations during the year as well as a formal research project/presentation to the professional staff. Interns will receive additional training
and supervision by attending weekly peer case review meetings and attending bi-monthly multicultural, assessment, and supervision seminars. Interns will develop two outreach presentations, provide two formal case presentations and complete one research project during the year.

**Training Experience**

Across training sites, interns are expected to dedicate approximately 25% of their time to Intervention Services. Interns will also spend approximately 20% of their time in assessment. Approximately 10% of their time will be engaged in didactic training as well as 10% for supervision. Interns will also dedicate 10% of their time in minor rotations and 10% engaged in research and presentation preparation. The final 15% of interns’ time will be dedicated to site-specific training activities and administrative responsibilities.

**Intervention**

Interns will receive experience in providing a wide range of intervention services. The types in intervention services may include but are not in limited to the following: individual, couples, family, group counseling; career counseling; consultation; triage and crisis intervention; and prevention and outreach services. Interns dedicate approximately 13 to 15 hours to intervention at their primary sites.

**Assessment**

Interns are expected to complete a minimum of five integrated psychological reports during the internship year. Depending on the training site or rotation, the maximum number of integrated reports will vary. These comprehensive assessments may include, but are not limited to, a combination of the following: clinical and diagnostic interviewing (structured and semi-structured interviews), symptom inventories, cognitive assessments, academic evaluations, personality testing, standardized self-report instruments, projective assessments, and review of medical records.

**Didactic Training**

EPPIC includes an intensive didactic training series as a major component of its core curriculum. Through these seminars, interns are exposed to empirical research, evidence-based practices, and scholarly topics that are intended to round out their academic training and to enhance their ability to apply scientific and critical thinking to their clinical work. As part of the didactic program offered through EPPIC, interns will also have the opportunity to meet and learn from fellow researchers in the field of psychology. Interns will attend presentations throughout the year given by these professionals and learn about new research that is being conducted.

All EPPIC interns will receive the following didactic training together: Supervision Seminar, Multicultural Seminar, Assessment Seminar, and Intern Training Seminar. These training seminars will provide interns with 3 hours of didactic training per week. Interns may also receive additional didactic training at their individual primary training sites.
• **Intern Training Seminar:** Interns will meet weekly for one and a half hour to participate in academic seminars offered by professionals from the EPPIC, or professionals from the community. Topics such as treatment, cultural issues, diagnosis, treatment plans, theory, ethics and legal issues, and post graduate career planning are a few of the issues that may be discussed. Interns will also be required to present at the training seminar the findings of their major research project, dissertation, or research.

• **Multicultural Seminar:** Interns will attend a one and a half hour seminar offered once per month regarding multicultural issues which is designed specifically to help interns understand their personal, ethnic, and cultural background and its impact on the client-therapist relationship. Interns will also discuss the variety of multicultural issues spanning a variety of topics.

• **Supervision Seminar:** Interns will attend a monthly one and a half hour seminar designed to help interns gain experience in providing supervision. Interns will study the internship process, explore and present on different models of supervision, as well as discuss certain topics related to supervision including parallel processing, confrontation, evaluation, ethics etc.

• **Assessment Seminar:** A one and a half hour assessment seminar will be held twice per month covering DSM-IV diagnosis, assessment, and report writing. Topics such as assessment theory, standardized and projective testing, test interpretation, and report writing will be covered. Time will also be allotted for interns to discuss and consult regarding the clients they are currently assessing as they fulfill the assessment component of their internship program.

**Supervision**

Each intern will be assigned a licensed psychologist within their primary training site as their primary supervisor. Interns will receive a minimum of two hours of individual supervision per week from their primary supervisor, one hour of group supervision led by the EPPIC faculty on a rotating basis, and one-half hour of supervision per week from their minor rotation supervisor.

Each site will provide the intern an additional one half to one full hour of supervision per week, the nature of which will vary by training site. Please refer to individual site descriptions for more information regarding supervision. If interns participate in providing supervision to practicum students, they will receive an additional hour of supervision each week from a licensed psychologist in order to support that experience. All interns will receive a minimum of 4 hours of supervision each week.
Minor Rotations

Interns will participate in two 6-month rotations. Interns are given the opportunity to select from a variety of elective rotation foci regardless of their primary training placement. Below are the current elective rotations offered by the consortium:

**UTEP-CAPS**

**Assessment Rotation**: This minor rotation will offer an expanded assessment experience beyond the required EPPIC assessment curriculum for those interns who are interested in further honing their assessment skills. Interns will consult with students coming to the Center for assessment in order to develop a defined diagnostic question, and select and administer an appropriate battery of measures. Interns will then write a formal assessment report. This rotation will include the completion of three formal assessments and associated reports. ADHD, learning disabilities, personality and career assessments are the most common assessments performed.

**Career Counseling Rotation**: Interns interested in developing greater knowledge and skill in the area of career counseling may choose this minor rotation with the University Career Center. Responsibilities include both career counseling and assessment; helping students with cover letters and resumes; mock interviewing; and teaching workshops.

**Consultation/Liaison Rotation**: Interns who are interested in more experience with consultation may choose to work as a liaison to Miner Village and Miner Heights, our on-campus housing facilities. Responsibilities will include being on site to consult with head residents and housing staff; providing outreach to on-campus residents; and staff training.

**Outreach Rotation**: Interns who wish to gain additional experience in outreach can work with the UCC’s outreach coordinator in providing outreach services to the UTEP community. Interns have the opportunity to provide presentations, workshops, and classes on a variety of subjects such as self care, counseling center services, interpersonal skills, academic enhancement, and personal enrichment. Interns will also have the opportunity to create two of their own outreach presentations which may be used to educate and inform future students and staff.

**Spanish Speaking Services Rotation**: Spanish speaking interns who wish to gain training on providing Spanish clinical services are encouraged to join this rotation. Interns will carry Spanish speaking clients on their caseload and receive clinical supervision from a Spanish speaking licensed psychologist. Interns will have supervision in Spanish and will read current scientific literature on the delivery of Spanish speaking services. Interns will also participate in a Spanish speaking psychoeducation or process group and may conduct Spanish speaking assessments or outreach presentations.

**Supervision Rotation**: Interns will have the opportunity to supervise either a masters or doctoral level student participating in the UCC’s Advanced Practicum Training program. Interns will provide one hour of individual supervision per week. Interns will be responsible for reviewing their trainee’s notes and viewing their sessions. Interns will be responsible for assessing their trainee’s progress and
development and for their end-of-the-semester evaluation. Interns who choose this rotation will be offered one hour of supervision of supervision with a licensed psychologist at the UCC.

TTUHSC El Paso

**Employee/Residence Assistance Program - Texas Tech Health Sciences Center El Paso.** The EAP/RAP Clinic provides brief outpatient services for employees and their immediate family members, as well as for medical residents of TTUHSC El Paso. Patients are referred for counseling through self-referral, or through their supervisors, and typically address problems that are beyond the participant’s abilities to manage. Interns will have the ability to further their intake and diagnostic assessment experience with generally high functioning clients across the lifespan. Interns will also have the opportunity to develop their ability to provide psychological intervention through a brief model. The EAP/RAP Clinic is housed within the Department of Psychiatry on TTUHSC El Paso main campus.

**Veterans Outpatient Clinic – Texas Tech Health Sciences Center El Paso.** Interns interested in working specifically with military populations outside of the VA system would gain that experience here. The VA has partnered with TTUHSC El Paso through the Choice Program, which supports adult Veterans in receiving mental health services within the community. Patients are directly referred through the VA, and are provided individual therapy through a variety of evidenced based treatments. The Veterans’ Clinic is housed within the Department of Psychiatry on TTUHSC El Paso main campus.

**Child/Adolescent Psychiatry Clinic – Texas Tech Health Sciences Center El Paso.** The Child & Adolescent Psychiatry Clinic provides a multitude of mental health services for children, adolescents, and their families. Interns will gain experience working with children and their families in different therapeutic modalities, including: play therapy, individual and group therapy, dyadic work, parent training, and interdisciplinary clinical consultation. Services are provided at the Child/Adolescent Psychiatric Clinic, an off-campus site close to downtown El Paso.

**Juvenile Probation Department – El Paso County, Texas.** Interns interested in working with children and adolescents in an inpatient forensic setting would gain that experience at JPD. Clinicians assist the detained adolescents and their families in personal growth and development by utilizing their strengths to work through mental and behavioral health issues. Interns will gain a variety of experience with incarcerated youth through the provision of mental health services such as: crisis management, psychological testing and evaluation, behavioral interventions, psychoeducation, consultation within a multidisciplinary team, and team training. Therapeutic interventions likely center around issues of trauma, interpersonal difficulties, severe mental illness, and skills building. Services are provided on-site at the JPD campus.
Consultation/Liaison Service – University Medical Center, Emergency Room

The Department of Psychiatry provides consultative services at University Medical Center in El Paso, a 270 bed general hospital. Service is throughout the hospital including emergency room, intensive care units, and wards. Services include diagnosis and treatment major psychiatric disorders including depression, bipolar disorder, schizophrenia, PTSD, dementia, delirium, and substance use disorders. In this rotation, the intern will be exposed to team-based care working along with medical students, residents, nurse practitioners, and attending psychiatrists. By the end of the rotation, the interns will be able to identify mental illness in a medically ill person, identify psychiatric emergencies, differentiate between delirium and psychosis, as well as between delirium and dementia.

Research, Presentations, and Intern Project

Interns will have the opportunity to participate in research offered at their primary sites or through minor rotations. These research opportunities are described more thoroughly in the training site manual. Interns are also given time to pursue their own research interests or continue their work on dissertations.

Interns will also have the opportunity to present during the didactics seminar series. Interns are free to choose to present on their intern project (see below); their current dissertation topic or other research they have done; or a topic that would be relevant to the EPPIC’s four training domains (Intervention, Multiculturalism, Science Practice Integration, Professionalism). Presentation will be given to fellow interns, faculty and staff participating in the consortium. The primary purpose of this presentation is to demonstrate how science informs practice; therefore, it is important that interns include this component into their professional presentation by using current and relevant research findings and relevant theory to support their presentation. Interns must get prior approval from their primary supervisor regarding the presentation topic. Interns who wish to prepare their research for publication or presentation at professional conferences will be encouraged and supported in doing so.

Interns are expected to engage in several activities throughout the year to demonstrate their ability to integrate current research and best practices into their clinical work. Interns will provide at least two comprehensive case presentations during the year. These case conceptualization presentations will consist of both a paper and a presentation. These clinical case presentations will be of clients with whom interns are currently working. Interns will use current research and scholarly readings to support the identification of a theoretical approach, development of a case conceptualization and generation of a treatment plan. Any evidence-based or promising practices appropriate to the case will be reviewed and considered in treatment planning. Interns will also be required to take into consideration issues of diversity, which may impact their conceptualization and treatment plan. Prior written consent from
clients must be obtained. Interns will have the opportunity to present to their peers as well as clinical staff in order to receive feedback and suggestions.

Interns are also required to demonstrate an understanding of models and methods of program development and evaluation. To this end, interns will be required to submit another type of integration assignment identified as an “intern program development project.” The objectives of this project is to integrate the science of psychology with its actual practice, demonstrate knowledge of program evaluation and to consider carefully considered issues of diversity and the potential impact on the topic of interest. To reach these objectives, interns are asked to develop their own program that has relevance to either of the primary sites. Interns will perform research to support and justify the need and layout of their project. Interns will consider literature and studies that will support each component of their project. Interns will also develop a method of evaluating the program for efficacy using relevant literature and research findings. See Appendix E for guidelines regarding the intern project.

**Accreditation Status**

The El Paso Psychology Internship Consortium has been a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) since 2013 and participates in the National Match.

The EPPIC is accredited by the American Psychological Association (APA).

Questions specifically related to the program’s accreditation status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation
American Psychological Association
750 1st Street, NE, Washington, DC 20002
Phone: (202) 336-5979
Email: apaaccred@apa.org

**Admission, Support, Outcomes**

*Date Program Tables are updated: July 2019*

*Internship Program Admissions*

The consortium currently offers 4 full-time internship positions. Three positions are offered at the University of Texas at El Paso - University Counseling Center, and one position at Texas Tech University Health Sciences Center El Paso - Department of Psychiatry. It is our expectation that interns come
prepared with the requisite counseling skills commensurate with a doctoral level candidate starting in a doctoral internship program.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

<table>
<thead>
<tr>
<th>Total Direct Contact Intervention Hours</th>
<th>Yes</th>
<th>Amount: 500 hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Direct Contact Assessment Hours</td>
<td>Yes</td>
<td>Amount: 75 hours</td>
</tr>
</tbody>
</table>

Describe any other required minimum criteria used to screen applicants:
- Bachelor’s degree, current enrollment and be in good standing in a counseling or clinical psychology doctoral program.
- Completed all coursework and passed all required comprehensive examinations or projected to have these completed before internship.
- Complete at least three semesters of practicum experience at the doctoral level prior to the start of the internship program.
- If a dissertation is required of the doctoral program, then successful completion of a dissertation proposal defense prior to starting internship is required.

Financial and Other Benefit Support for Upcoming Training Year

| Annual Stipend/Salary for Full-time Interns: | $28,360 |
| Annual Stipend/Salary for Half-time Interns: | N/A     |

Program provides access to medical insurance for intern? Yes
- If access to medical insurance is provided
  - Trainee contribution to cost required? Yes
  - Coverage of family member(s) available? Yes
  - Coverage of legally married partner available? Yes
  - Coverage of domestic partner available? *No

*domestic partner is defined as a “Common Law” partnership.

Hours of Annual Paid Personal Time off (PTO and/or Vacation): 96
Hours of Annual Paid Sick Leave: 96

In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? Yes
Initial Post-Internship Positions

(Aggregated Tally for Preceding 2 cohorts)

<table>
<thead>
<tr>
<th>Total # of interns who were in the 2 cohorts:</th>
<th>7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree</td>
<td>0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Post-doctoral residency position</th>
<th>Employed position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community mental health center</td>
<td></td>
</tr>
<tr>
<td>Federally qualified health center</td>
<td></td>
</tr>
<tr>
<td>Independent primary care facility/clinic</td>
<td></td>
</tr>
<tr>
<td>University counseling center</td>
<td>5</td>
</tr>
<tr>
<td>Veterans Affairs medical center</td>
<td>1</td>
</tr>
<tr>
<td>Military health center</td>
<td></td>
</tr>
<tr>
<td>Academic health center</td>
<td></td>
</tr>
<tr>
<td>Other medical center or hospital</td>
<td></td>
</tr>
<tr>
<td>Psychiatric hospital</td>
<td></td>
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<tr>
<td>Academic university/department</td>
<td></td>
</tr>
<tr>
<td>Community college or other teaching setting</td>
<td></td>
</tr>
<tr>
<td>Independent research institution</td>
<td></td>
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<tr>
<td>Correctional facility</td>
<td></td>
</tr>
<tr>
<td>School district/system</td>
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</tr>
<tr>
<td>Independent practice setting</td>
<td>1</td>
</tr>
<tr>
<td>Not currently employed</td>
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<tr>
<td>Changed to another field</td>
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</tr>
<tr>
<td>Other</td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td></td>
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</table>

EPPIC interns have access to numerous resources. Assessment and other training materials are provided by each training site, and additional materials that may be needed may be purchased using consortium funding with Training Committee approval. Each intern additionally has access to administrative and IT support through their primary training site.

Application Process

The consortium currently offers 4 full-time internship positions. Three positions at the University of Texas at El Paso – Counseling and Psychological Services, and one position at Texas Tech University Health Sciences Center El Paso - Department of Psychiatry.
Students may select the primary training site(s) within the consortium for which they are applying by locating the National Match number below. EPPIC participates in the APPIC application and selection process, thus applicants should utilize APPIC’s online process for submitting the following application materials:

- Completed On-line APPI application (Accessible through www.appic.org) which includes the following:
  - Cover Letter
  - Current Curriculum Vitae
  - Three letters of recommendation. Two of the letters must be from direct supervisors who can comment on your clinical work.
  - Official transcripts of all graduate coursework.

Application deadline is November 15th. Applicants are not eligible for review until all required application materials are received. Applicants will be notified of their interview status by December 15. EPPIC prefers to conduct their interviews via video conference; however, if this option is unavailable to candidates, arrangements will be made for a phone interview.

**Selection Process**

**Screening**
Completed applications will be reviewed by selected members of each consortium site. Evaluations are based upon a point system which takes into regard basic criteria for readiness for internship; intervention, assessment and supervision hours; types of intervention and assessment experiences, letters of recommendation and essays; and overall fit with the consortium and/or individual sites. If the applicant is no longer under review they will be notified via e-mail of their application status by December 15.

**Interviews**
If the applicant has passed the screening process, they will be invited to participate in an interview. Interviews will be conducted via video conference. Applicants will be contacted by phone and/or email to set-up this interview. Interviews take place the first two weeks in January.

**Selection**
Each primary site from the consortium is registered to participate in the National Match. Applicants must include the national match number of the primary site for which he/she is applying on the APPI application. To be considered, applicants must be registered with the National Matching Services Inc through APPIC.
National Match Numbers for Primary Sites

The University of Texas at El Paso – Counseling and Psychological Services:  222212
Texas Tech University Health Sciences Center Department of Psychiatry:  222213

Application Deadline

Application deadline for all materials is **November 15th**.

Applicants are not eligible for review until all required application materials are received.
Training Sites

Texas Tech University Health Sciences Center El Paso

1 Full-Time Funded Position

General Information

Since 1973, Texas Tech Health Sciences Center El Paso has been dedicated to improving the lives of people in our community by focusing on the unique health care needs of socially and culturally diverse border populations through excellence in integrated education, research and patient care. When its doors opened in 1973, the Paul L. Foster School of Medicine (PLFSOM) was a regional medical campus for Lubbock where third and fourth year medical students had the option to complete their degrees. Today, the PLFSOM is the first four-year medical school along the U.S.-Mexico border and features an immersive clinical curriculum.

The Texas Tech University Health Sciences Center Paul L. Foster School of Medicine's Department of Psychiatry was founded in 1976, and provides primary care in the realm of psychiatry, and educates medical students and residents within this area. The department also collaborates with the Paul L. Foster School of Medicine's Center of Emphasis in Neurosciences in a quest to better understand and treat specific psychiatric conditions prominent in the Hispanic community. The Department has multiple clinicians and support staff that are bilingual and regularly provide services in Spanish. Faculty members actively teach residents, medical students, and predoctoral psychology interns, with the ultimate goal of retaining graduates in the El Paso area, to transition them into faculty positions at TTUHSC El Paso.

The Department conducts outpatient clinics daily in the El Paso Psychiatric Center located on campus and at the Children and Adolescent Clinic located off campus, near downtown El Paso. Locations at both clinics have ample free parking and are easily accessed via a city bus line. The Department has 4,083 square feet of space for clinical work. Of patients seen from April 1, 2010 to March 31, 2011, 22% were non-Hispanic White, 1% were African-American, and the vast majority were of Hispanic descent. Twenty percent were children under the age of 18, 67% were between the ages of 18-65 years of age, and 13% were over the age of 65. Only 26% of patients had private insurance, with 18% covered by Medicare and 19% by Medicaid.

TTUHSC El Paso Psychology Internship Faculty

Clinical Supervisors:
Melanie Longhurst, PhD – Site Training Director
Sarah Martin, MD
Silvina Tonarelli, MD
Henry Weisman, MD
Aghaegbulam Uga, MD
Peter Thompson, MD
University of Texas at El Paso – Counseling and Psychological Services

3 Full-Time Funded Positions

General Information

The University of Texas at El Paso’s Counseling and Psychological Services (CAPS) has been offering psychological services and support for its students since 1967. Counseling and Psychological Services staff believes that good mental health is the cornerstone of personal, academic, and career success. As such, Counseling and Psychological Services’ mission is to support the students of the University of Texas at El Paso in their personal, academic, and career endeavors by providing developmental, remedial and preventative mental health services to students. The center’s staff also believes that a healthy environment facilitates mental health. Therefore, Counseling and Psychological Services aims to support the learning environment of the University by providing outreach programming for students and consultative services regarding student concerns to faculty and staff.

Counseling and Psychological Services is dedicated to providing high quality mental health services that support the student’s ability to benefit from their experience at the University of Texas at El Paso. To this end the Center provides career counseling; psycho-educational workshops; individual, group, and couples counseling; crisis intervention; and professional training experiences that are responsive to the individual, cultural, and demographic diversity of our students.

Staff

Brian Sneed, PhD – CAPS Director
Jorge Marquez, PhD – Assistant Director/Director of Training
Laura James, PhD
David Jones, PhD
Krista Powell, PhD
Cecilia Holguin, LCSW
Jeffrey Kuroiwa, LPC
Contact Information:

Site Training Director: Jorge A. Marquez – jamarquez1@utep.edu

Website:  https://www.utep.edu/student-affairs/counsel/

Mailing Address:   Jorge A. Marquez, PhD
                  University Counseling Center
                  University of Texas at El Paso
                  202 Union West
                  500 W. University Ave.
                  El Paso, TX 79968
El Paso Psychology Internship Consortium

COMPETENCIES AND TRAINING ELEMENTS

Competency I: Research

Training Elements:

- Integrates evidence-based theoretical/conceptual framework into practice
- Utilizes scholarly literature in determining treatment approaches and conceptualizations
- Utilizes supervision to discuss how to apply scientific knowledge in work with clients
- Demonstrates knowledge of theories and methods of program evaluation
- Demonstrates the substantially independent ability to critically evaluate and disseminate research or other scholarly activities at the local, regional, or national level

Competency II: Ethical and Legal Standards

Training Elements:

- Demonstrates knowledge of and acts in accordance with the following; the current version of the APA Ethical Principles of Psychologists and Code of Conduct; relevant laws, regulations, rules, and policies governing health service psychology at the organizational, local, state, regional, and federal levels; other relevant professional standards and guidelines pertaining to the profession of psychology
- Demonstrates ethical conduct with clients, co-workers, and others
- Recognizes ethical dilemmas as they arise, and applies ethical decision-making processes in order to resolve the dilemmas

Competency III: Individual and Cultural Diversity

Training Elements

- Demonstrates an understanding of how individual and cultural diversity affects psychological and personality development
- Demonstrates awareness of and respect for cultural differences
- Considers cultural issues in case conceptualization and diagnosis
- Considers cultural issues in selection of assessment and treatment modalities
- Demonstrates understanding of own cultural background and its impact on work with diverse clients
- Utilizes scholarly literature to inform practice with diverse clients
- Demonstrates comfort in working with diverse populations
- Uses culturally appropriate interventions with clients
- Utilizes knowledge about the role of culture in work with clients
Competency IV: Professional Values, Attitudes, and Behaviors

Training Elements

- Attends scheduled appointments, training activities, and meetings consistently and on-time
- Demonstrates appropriate physical conduct, including attire, consistent with context
- Engages in self-reflection and demonstrates understanding of the impact of self on others
- Demonstrates effective self-care
- Writes professional case notes and other clinical documentation
- Completes all required documentation in a timely manner
- Demonstrates effective management of clinical responsibilities
- Follows proper procedures in protecting client information and case files
- Demonstrates the previously stated professional activities with a greater degree of independence as they progress through their training

Competency V: Communication and Interpersonal Skills

Training Elements

- Communicates with and maintains appropriate relationships with clients, supervisors, and others in a professional and respectful manner
- Demonstrates awareness of internship setting and works appropriately within that setting
- Understands and produces documentation presented in a variety of communication styles (oral, nonverbal, and written)
- Demonstrates effective interpersonal skills and the ability to manage difficult communication well

Competency VI: Assessment

Training Elements

- Demonstrates a thorough working knowledge of psychological diagnostic nomenclature
- Utilizes historical, interview, and psychometric data to diagnose accurately
- Considers multicultural factors, diagnostic questions, and alternate diagnoses when selecting appropriate assessment instruments
- Accurately administers and scores assessment instruments
- Appropriately interprets results of assessment instruments
- Integrates relevant data to answer presented assessment questions in a psychological report
- Appropriately conveys assessment results and conclusions to client
Competency VII: Intervention

Training Elements

• Establishes and maintains effective relationships with the recipients of psychological services
• Appropriately assesses for risk of harm to self or others
• Demonstrates capacity to manage high-risk clinical situations effectively and ethically
• Considers client input and factors of diversity when developing intervention plans
• Appropriately conceptualizes and describes presenting issues
• Develops evidence-based intervention plans specific to the service delivery goals
• Implements interventions informed by the current scientific literature, assessment findings, diversity characteristics, and contextual variables
• Demonstrates the ability to apply the relevant research literature to clinical decision making
• Modifies and adapts evidence-based approaches effectively when a clear evidence-base is lacking
• Demonstrates self-awareness and impact of self on therapeutic relationship
• Effectively evaluates intervention effectiveness using a variety of resources (objective measures, clinical consultation, supervision, etc.) and can readily make adjustments as necessary

Competency VII: Supervision

Training Elements

• Receiving Supervision
  o Demonstrates an understanding of the supervision process
  o Communicates supervision needs and preferences
  o Seeks supervision to address challenges and barriers in clinical work, ethical conduct, diversity issues and professionalism
  o Arrives adequately prepared for supervision
  o Demonstrates openness and non-defensiveness in supervision
  o Demonstrates willingness and ability to integrate feedback to improve clinical skills and to further professional development
  o Works with supervisor to set goals and tracks progress toward achieving goals

• Providing Supervision
  o Demonstrates knowledge of models of supervision
  o Demonstrates knowledge of the supervision process
  o Applies knowledge of appropriate supervision skills
Competency IX: Consultation and Interprofessional/interdisciplinary Skills

Training Elements

- Demonstrates an understanding of using a team approach to provide clinical services
- Actively seeks out consultation from supervisors and staff as well as outside agencies
- Effectively consults with other professional staff and community providers regarding mental health issues
- Applies knowledge of theories and methods of consultation
- Discusses how cultural factors may impact conceptualization and adjusts treatment plan accordingly
Intern Expectations

The El Paso Psychology Internship is a one year, full-time, supervised internship program. Interns are expected to complete 2000 hours of training within a one-year period. Interns are expected to develop competency in the previously stated goals and objectives set forth by the consortium training program. Interns are expected to abide by the APA Code of Ethics, as well as the Texas State Board of Examiners of Psychologists’ “Rules of Practice.” Interns will also be expected to comply with the requirements of the EPPIC training program and the rules and regulations set forth by their hiring agency, The University of Texas at El Paso and their individual training sites.

The EPPIC has developed Due Process guidelines to help supervisors and consortium personnel address concerns regarding intern performance. These guidelines also assist in addressing intern concerns regarding training. This document is available for download at www.utep.edu/eppic under the menu Item “Policies and Procedures.”

Consortium Contact Information

If you have any questions or would like more information regarding the El Paso Psychology Internship Consortium feel free to contact us at EPPIC@utep.edu or:

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